

HOT MARKET SANDWICH

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MAIN MEAL

Paprika Marinated Chicken served with Savoury Vegetable Rice

Pork Sausage in a Soft Bun served with Jacket Wedges, Crispy Salad Sticks & a Selection of Sauces

Crispy Topped Shepherds Pie served with Seasonal Vegetables

Roast Chicken served with Potatoes, Yorkshire Pudding, Carrots, Cauliflower and Gravy

Fish Fingers or Salmon Fish Fingers served with Chips, Garden Peas or Baked Beans & Ketchup

MEAT FREE

Cheese & Tomato Swirl served with Savoury Vegetable Rice

Quorn Sausage in a Soft Bun served with Jacket Wedges, Crispy Salad Sticks & a Selection of Sauces

Crispy Topped Shepherdless Pie served with Seasonal Vegetables

Cheese & Potato Pie served with Yorkshire Pudding, Carrots, Cauliflower and Gravy

Vegetable Nuggets served with Chips, Garden Peas or Baked Beans & Ketchup

PASTA & JACKETS

Jacket Potato with Choice of Toppings served with Fresh Salad

Pasta Twists with Homemade Tomato and Vegetable Sauce served with Fresh Salad and Chunky Bread

Jacket Potato with Choice of Toppings served with Fresh Salad

Pasta Twists with Cheddar Cheese Sauce with Fresh Salad and Chunky Bread

Jacket Potato with Choice of Toppings served with Fresh Salad

LUNCHTIME LUNCHBOX

Choice of Ham or Cheese Sandwich
Cheese Straws
Duo of Salad Sticks

Choice of Ham or Cheese Sandwich
Tortilla Chips
Duo of Salad Sticks

Choice of Ham or Cheese Sandwich
Cream Crackers
Duo of Salad Sticks

Choice of Ham or Cheese Sandwich
Cheese Straws
Duo of Salad Sticks

Choice of Ham or Cheese Sandwich
Tortilla Chips
Duo of Salad Sticks

DESSERTS

Choose One of Our Fabulous Desserts
Chocolate Muffin
Fruity Jelly
Fresh Fruit Pot

Choose One of Our Fabulous Desserts
Shortbread Biscuit
Fruit Yoghurt & Coulis
Fresh Fruit Pot

Choose One of Our Fabulous Desserts
Oat & Raisin Cookie
Fruity Jelly
Fresh Fruit Pot

Choose One of Our Fabulous Desserts
Caramel Mousse with Bananas
Fruit Yoghurt & Coulis
Fresh Fruit Pot

Choose One of Our Fabulous Desserts
Vanilla Ice-cream & Fruit Sauce
Fruity Jelly
Fresh Fruit Pot

Making lunchtime the **highlight** of your day

HOT MARKET
SANDWICH

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THURSDAY

FRIDAY

MAIN MEAL

Parmigiano Chicken
Melt served with
Baked Wedges,
Peas & Sweetcorn

Greek Style Chicken
Shawarma in a
Pitta Bread served with
warm Cous Cous Salad &
Crunchy Veg Sticks

Fish Fingers
served with Creamy
Mash Potato &
Spaghetti Hoops

Roast Gammon
served with Roast
Potatoes, Carrots,
Broccoli, Yorkshire
Pudding and Gravy

Chicken Nuggets
served with Chips,
Garden Peas or
Baked Beans
& Ketchup

MEAT FREE

Traditional Macaroni
Cheese served with
Wholemeal Garlic &
Herb bread, Seasonal
Vegetables

Greek Style Vegetable
Shawarma in a
Pitta Bread served with
warm Cous Cous Salad &
Crunchy Veg Sticks

Fishless Fish Fingers
served with Creamy
Mash Potato &
Spaghetti Hoops

Baked Lentil Roast
served with Roast
Potatoes, Carrots,
Broccoli, Yorkshire
Pudding
and Gravy

Vegetable Nuggets
served with Chips,
Garden Peas or
Baked Beans
& Ketchup

PASTA & JACKETS

Jacket Potato with
Choice of Toppings
served with
Fresh Salad

Pasta Twists with
Homemade Tomato and
Vegetable Sauce served
with Fresh Salad and
Chunky Bread

Jacket Potato with
Choice of Toppings
served with
Fresh Salad

Pasta Twists with
Cheddar Cheese Sauce
with Fresh Salad and
Chunky Bread

Jacket Potato with
Choice of Toppings
served with
Fresh Salad

LUNCHTIME LUNCHBOX

Choice of Ham
or Cheese Sandwich
Cheese Straws
Duo of Salad Sticks

Choice of Ham
or Cheese Sandwich
Tortilla Chips
Duo of Salad Sticks

Choice of Ham
or Cheese Sandwich
Cream Crackers
Duo of Salad Sticks

Choice of Ham
or Cheese Sandwich
Cheese Straws
Duo of Salad Sticks

Choice of Ham
or Cheese Sandwich
Tortilla Chips
Duo of Salad Sticks

DESSERTS

Choose One of Our
Fabulous Desserts
Strawberry Mousse with
Mixed Berry Compote
Fruity Jelly
Fresh Fruit Pot

Choose One of Our
Fabulous Desserts
Jam Roly Poly
Fruit Yoghurt & Coulis
Fresh Fruit Pot

Choose One of Our
Fabulous Desserts
Sticky Pineapple Cake
Fruity Jelly
Fresh Fruit Pot

Choose One of Our
Fabulous Desserts
Lemon Tart
Fruit Yoghurt & Coulis
Fresh Fruit Pot

Choose One of Our
Fabulous Desserts
Chocolate Brownie
Fruity Jelly
Fresh Fruit Pot

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THURSDAY

FRIDAY

MAIN MEAL

Meat Wholemeal
Pizza served with
Baked Diced Potatoes,
Peas & Sweetcorn

Warm Chicken Baguette
served with
Selection of Sauces
Potatoes Wedges &
Crunchy Veg Sticks

Beef Bolognese
served with Spaghetti,
Wholemeal Garlic &
Herb bread, Seasonal
Vegetables

Roast Pork
served with
Potatoes, Carrots,
Cabbage, Yorkshire
Pudding and Gravy

Chicken Burger
served with Chips,
Garden Peas or
Baked Beans
& Ketchup

MEAT FREE

Margherita
Wholemeal Pizza
served with
Baked Diced Potatoes,
Peas & Sweetcorn

Crispy Vegetable
Bite Baguette
served with
Selection of Sauces
Potatoes Wedges &
Crunchy Veg Sticks

Plant Based Bolognese
served with Spaghetti,
Wholemeal Garlic &
Herb bread, Seasonal
Vegetables

Quorn Sausage Roast
served with
Potatoes, Carrots,
Cabbage, Yorkshire
Pudding and
Gravy

Vegetable Burger
served with Chips,
Garden Peas or
Baked Beans
& Ketchup

PASTA & JACKETS

Jacket Potato with
Choice of Toppings
served with
Fresh Salad

Pasta Twists with
Homemade Tomato and
Vegetable Sauce served
with Fresh Salad and
Chunky Bread

Jacket Potato with
Choice of Toppings
served with
Fresh Salad

Pasta Twists with
Cheddar Cheese Sauce
with Fresh Salad and
Chunky Bread

Jacket Potato with
Choice of Toppings
served with
Fresh Salad

LUNCHTIME LUNCHBOX

Choice of Ham
or Cheese Sandwich
Cheese Straws
Duo of Salad Sticks

Choice of Ham
or Cheese Sandwich
Tortilla Chips
Duo of Salad Sticks

Choice of Ham
or Cheese Sandwich
Cream Crackers
Duo of Salad Sticks

Choice of Ham
or Cheese Sandwich
Cheese Straws
Duo of Salad Sticks

Choice of Ham
or Cheese Sandwich
Tortilla Chips
Duo of Salad Sticks

DESSERTS

Choose One of Our
Fabulous Desserts
Sprinkle Cookie
Fruity Jelly
Fresh Fruit Pot

Choose One of Our
Fabulous Desserts
Syrup Sponge
Fruit Yoghurt & Coulis
Fresh Fruit Pot

Choose One of Our
Fabulous Desserts
Chocolate Mousse with
Orange Wedge
Fruity Jelly
Fresh Fruit Pot

Choose One of Our
Fabulous Desserts
Carrot Cake
Fruit Yoghurt & Coulis
Fresh Fruit Pot

Choose One of Our
Fabulous Desserts
Vanilla Sponge
Fruity Jelly
Fresh Fruit Pot

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